

# St. Dominic February Frenzy Tournament Rules



<http://www.stdominicathletics.org>

IHSA rules will be in effect with the following exceptions:

- **All games will be played with two halves, 19 minutes each**  
**It will be a running clock except for the last 2 minutes of each half and time-outs**

Overtime periods will be 2 minutes long.

- Timeouts: 3 full (1-minute) timeouts per game. Each team receives one additional timeout for each overtime period.

- Time at half: 5 minutes  
Time between games: 6 minutes

- Boys and girls at the 5<sup>th</sup>-grade level are allowed have FULL-COURT PRESSURE for the last 2 minutes of the game and overtime.

Boys and girls at the 6<sup>th</sup>-grade level will be permitted full-court pressure for the last 6 minutes of the 2<sup>nd</sup> half and overtime.

7<sup>th</sup> and 8<sup>th</sup> grades can press the full game if the lead is 9 points or under.

The Team leading cannot press with a 10 point lead.

- The 3-point shot will be in effect for all grade levels, boys and girls.

- All girls teams and 5<sup>th</sup> & 6<sup>th</sup> Boys Teams will use a 28.5-inch ball.  
St. Dominic will provide practice balls.

- Fouls:

A one-and-one bonus free throw will occur on the 7<sup>th</sup> team foul.

A super bonus of 2 free throws will occur on the 10<sup>th</sup> team foul.

- Free throws will be shot at the 15-foot line for 6<sup>th</sup> grade boys and girls.  
Free throws will be shot at the 14-foot line for 5<sup>th</sup> grade boys and girls.

- Players may play **UP** to the next grade level. Players **MAY NOT** play **DOWN**. Players on a “B” team may also play up on the “A2” team if entered.

- IHSA-certified referees will be officiating.